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■ **Administrative Management**

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■ **Certifications & References**

- Filed at INPI n° 18 4 458 142
- SEFCA - DATADOCK referenced
- SEFCA - ISO 9001 certified

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TRAINING IN

«THERAPEUTIC TANGO »



FORMATION-Dijon-Mars-2024-EN-V3



INFORMATION

Training workshop

The workshop lasts 26 hours, over four days. The next coming session will take place on :

Monday 11th, Tuesday 12th, Wednesday 13th & Thursday 14th March 2024

Location

Institut Marey - B64 Rue Sully, Dijon, FRANCE
Université de Bourgogne - Campus de Dijon, UFR STAPS
Tramway T1 : Mazen-Sully - easy access from the train station

Admission

600.00 € per person

Compliance with health standards

- Frequent airing of the premises
- Use of hydroalcoholic gel recommended

PUBLIC

Professional caregivers :

- facilitators in Gerontology,
- nursing assistants,
- teachers of Adapted Physical Activity
- nurses...

Volunteers, Families...

DESCRIPTION

The courses are based on the **Dinzel System**, a well articulated pedagogical teaching of the transmission and diffusion of tango, written by Gloria and Rodolfo Dinzel.

Gloria and Rodolfo were the first to use tango as a therapeutic treatment for Parkinson's disease patients and young people with Down's syndrome (trisomy 21).

Thomas Poucet, Tango Teacher, was trained in the Dinzel method directly by Rodolfo Dinzel himself.

All his work will be based on the foundations of this system, on Dance Movement Therapy, on the search for improvisation and freedom as the main elements of dance, to be shared with elderly people suffering from neurodegenerative disorders.

OBJECTIVES

Train **professional gerontology caregivers** to animate Tango workshops.

Day 1

9am - 12pm • Opening

Ageing, benefits of Tango, research.
Lucia BRACCO, PhD student, University of Bourgogne Franche-Comté, Inserm U1093 Laboratory.

1pm - 2:30pm • Conference on the history of Tango

Solange BAZELY, lecturer specialist of the Tango culture.

2:30pm - 4:30pm • Introduction to the project Tango for Seniors

Origins of the concept & screening of the documentary « The Melody of Alzheimer's ». Introduction to the global project and of its deployment in France, in Europe, in the USA & in Latin America.
Anne BRAMARD BLAGNY, author, director, producer.

Day 2

9am - 12pm • Tango practice

Basics and foundations of Tango adapted to the needs of the elderly.
Thomas POU CET, Tango Teacher.

1pm - 4:30pm • Tango practice

Dissociation, Rhythm, Orientation. The connexion of «Abrazo» (embrace) : construction of the Abrazo, empathy & presence. Repetition & development of basic sequences with a dance partner.
Thomas POU CET.

Day 3

9am - 12pm • Tango practice

Improvisation, dialogue of the couple, possibility of error, uniqueness, expressive elements, sensibility, music.
Thomas POU CET.

1pm - 4:30pm • Analysis of functional movements

France MOUREY, University professor, University of Bourgogne Franche-Comté, Inserm U1093 Laboratory.

Day 4

9am - 12pm • Tango practice

Tango workshop set up by the trainees.
Thomas POU CET.

1pm - 4:30pm • Conclusion

Agism.
France MOUREY.

Final debriefing.
France MOUREY, Anne BRAMARD BLAGNY and Thomas POU CET.