



## CONFERENCE & SCREENINGS

2<sup>nd</sup> - 8<sup>th</sup> October 2023



### MOVE TO AGE WELL

A CONFERENCE BY FRANCE MOUREY

Professor emeritus, Inserm 1093 laboratory.

The proposed conference will present the main proven effects of physical activity at preventive and curative levels, and more particularly during the ageing process, but will also focus on movement itself and the means available today to study it.

**Tuesday 3<sup>th</sup> October - 6pm**

### SCREENINGS OF TANGO DOCUMENTARIES

Films made during actions in Dijon, Côte d'Or and Burgundy.

**Monday 2<sup>nd</sup> October**

« Tango to Age Well in Brochon »

**Friday 6<sup>th</sup> October**

« Tango in Alésia »

**Wednesday 4<sup>th</sup> October**

« Tango at la FEDOSAD »

**Saturday 7<sup>th</sup> October**

« Tango to Age Well at La Providence »

**Thursday 5<sup>th</sup> October**

« DiscoTango - In Mailly and Étais, seniors on the dancefloor »

**Sunday 8<sup>th</sup> October**

« Tango to Age Well at COS Saint-Philibert »

**Everyday at 6pm**

To heal body and mind, from Rodolfo to Eric,  
DANCE TANGO THE DINZEL WAY

LES AMIS DU 7  
HOTEL MALETESTE

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**Abb.**  
REPORTAGES



## TANGO WORKSHOPS

2<sup>nd</sup> - 8<sup>th</sup> October 2023



AND EVERYWHERE IN FRANCE, THE  
« **TANGO FOR SENIORS** »  
WORKSHOPS CONTINUE

with this week's programme including

**Monday 2<sup>nd</sup> October**

ISATIS La Maison du Soleil, Aubervilliers (93),  
with Florencia Segura, Tango teacher

**Tuesday 3<sup>rd</sup> October**

Care home Le Grand Chêne, Annecy (74)  
with Christine Tulpin, Tango teacher

**Wednesday 4<sup>th</sup> October**

« Mercredi Tango d'Alésia », MuséoParc Alésia (21)  
with Florencia Segura, Tango teacher and Patrick Bullier, accordeonist

**Thursday 5<sup>th</sup> October**

OSE Renée Ortin Day Care Centre, Sarcelles (95)

**Friday 6<sup>th</sup> October**

« Tango to Prevent from Falling »,  
a regular activity proposed by the OPAD, Dijon (21),  
with Florencia Segura, Tango teacher and Patrick Bullier, accordeonist

**Saturday 7<sup>th</sup> October**

« Tango Aidants-Aidés », France Alzheimer Côte-d'Or, Dijon (21)  
with Florencia Segura, Tango teacher and Patrick Bullier, accordeonist

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